





www.souththornlieps.wa.edu.au

## Newsletter: Term 1, Week 7 Friday, 17 March 2023

#### Term 1 Planner

| WK | Monday                     | Tuesday                        | Wednesday  | Thursday                     | Friday  |  |
|----|----------------------------|--------------------------------|--|------------------------------|---|--|
| 8  | 20 MAR                     | 21 MAR                         | 22 MAR   | 23 MAR                       | 24 MAR  |  |
|    | NAPLAN Y3&5                | NAPLAN Y3&5                    | NAPLAN Y3&5  | NAPLAN Y3&5                  | NAPLAN Y3&5   |  |
|    | PUT THIS ON YOUR CALENDAR! | School Board Meeting<br>2.45pm | P&C Disco Forms & Money<br>Due 9am                               | Snr Choir Practice<br>1.10pm | A4 Assembly, Harmony Day<br>Dress Up Parade & Aussie of<br>the Month 8.30am |  |
|    |                            |                                | Ukulele Group 8-8.20am   |                              |   |  |
|    |                            |                                | Jnr Choir Practice 1.10pm  |                              | Summer Carnival   |  |
|    |                            |                                | '  |                              | P&C Disco Kindy-Y6  |  |
| 9  | 27 MAR                     | 28 MAR                         | 29 MAR   | 30 MAR                       | 31 MAR  |  |
|    | NAPLAN Y3&5                |                                | Ukulele Group 8-8.30am   | P&C Meeting 8.45am           | PP-Y6 Obstacle-A-Thon   |  |
|    |                            |                                | Parent/Teacher Interviews<br>Early close for students<br>11.30am | Y4 Incursion WASO            | Year 6 Camp \$110 Deposit<br>Due  |  |
|    |                            |                                |  | Snr Choir Practice<br>1.10pm |   |  |

### **Principal's Message**

Welcome to the week 7 newsletter edition. We will be holding a special ANZAC Ceremony and choir performance on Thursday, 6 April 2023 at 8.30am in the undercover area. We hope you all can attend as we remember and honour the sacrifice of our fallen servicemen and women.





### Term 2 - Student Return Date

Students return for Term 2 on Wednesday, 26 April 2023.

### **Save the Date - School Photos**

School photos are scheduled for Term 2. These will take place on Monday, 8 and Friday, 12 May 2023.

### **Staff News**

We say goodbye to our Art teacher, Enya Chen, who has been appointed a position at another school. We wish Enya all the best. We welcome Sian Kemp to the STPS team. Sian will be teaching Art on Thursdays commencing this term.

### Parent / Teacher Interviews - Wednesday, 29 March 2023

Parents are reminded of the following important details for our upcoming parent teacher interviews:

- All interview bookings must be made online using PTO, including phone interviews. If you want a phone interview, you must still book a timeslot online and complete phone interview details on the return slip.
- Only one appointment per family can be made with specialist teachers. If multiple interviews are made for the same family, they will be cancelled to allow other families to meet with the specialist teachers.
- Slips must be returned to class teachers ASAP indicating how your child is leaving school at 11:30am.

### **Year 6 Pizza Day Fundraiser**

On Thursday, the Year 6 students held their first fundraising event for the year. Students in Kindy to Year 6 thoroughly enjoyed their pizza for lunch! A total of \$1206.10 was raised, which is a fantastic effort. The funds raised will help towards the cost of Year 6 camp and graduation. Thank you to everyone who supported this popular fundraiser and a big thank you also goes to the parents on the Year 6 Fundraising Committee who assisted with counting the orders.

### **Principal's Morning Tea**

Congratulations to the students who were selected for the Principal's Morning Tea held on Tuesday in week 6. Thank you for your hard work, dedication to learning and being an all round positive class member. Well done!

### **Values**

Our Term 1, week 6 raffle winner was Willow G from C5. Well done!

### **Megan Barnett**

**Principal** 



### Week 6 Honour Certificates Awarded -Well done!

| ECC1 | Henry W  | Daniel O   | В3    | Kaden E        | Charlotte G  |
|------|----------|------------|-------|----------------|--------------|
| ECC2 | Khyle M  | Imahni R   | B4    | Titan K        | Ella F       |
| A1   | Callum B | Ava H      | B5    | Jeremy B       | Isabella E   |
| А3   | Hunter F | James M    | C2    | Lawrence L     | Riley B      |
| A4   | Jamie D  | Alexander  | C3    | Elijah R       | Diana P      |
| A5   | Deacon E | Janice L   | C4    | Brody E        | Dakodah V    |
| B1   | Haki L   | Penelope G | C5    | Jacob F        | Amelie G     |
| B2   | Joshua C | Willow H   | Music | William M – B4 | Imran A – A1 |

### STUDENT LEADERS

My name is Oliver Fernandez and I am the Green Pythons Faction Captain for 2023. The leader I admire is Usain Bolt. Nicknamed 'Lightning Bolt', Usain St. Leo Bolt was born on 21 August 1983. He is a Jamaican sprinter, widely considered the world's greatest sprinter of all time. He is the reigning world record holder in the 100 metres, 200 metres and 4 x 100 metre relay. He is an eight time Olympic gold medallist and an 11 time world champion.



Usain's parents are Wellesley and Jennifer Bolt and his siblings Sadiki and Sherine. His parents ran a grocery store and he loved playing soccer and cricket with his brother Sadiki at a small field. The teachers at his school recognised his talents in running and encouraged him to focus on it. At 12 he was the school's fastest runner for the 100 metre race.

Usain is one of my favourite idols because he had passion in what he loved and pursued it to the fullest. Even when he retired from running, he explored other sporting interests such as soccer. I think he represents the school value of Care as he is always helping others to reach their goals.

Usain is a role model who should be an inspiration to all. He has taught us that dedication and hard work will always be rewarded. Which child is going to break his record in the future?

### **Oliver Fernandez**

**Faction Captain** 

### **HEALTHY HABITS**

#### **Sunsmart Tips**

Cancer Council Western Australia says: Be SunSmart! Use a combination of these sun protection measures outside when the UV Index is 3 or above.

- Slip on a shirt
- Seek shade
- Slop on sunscreen
- Slide on some sunglasses

- Slap on a hat



## Crunch &

South Thornlie is a Crunch & Sip school

Did you pack water and a healthy snack today?

Give your child the chance to re-fuel in class with fruit or vegetables. This helps to improve physical performance, mental performance and concentration, as well as promoting long term health.

There are so many fruits and veggies to

What will you choose today?

Marieka Rendall Teacher / Coordinator





# Information for parents – The impact of holidays during school time

Developing the habit of going to school every day is vitally important so your child does not miss out on important ideas and skills they need for future learning.

This is why we strongly encourage you not to go on family holidays during school time.

### Why is going to school regularly so important?

At school, many concepts (such as literacy and numeracy) are taught in a sequence. Missing school means missing out on learning – which can often make it difficult to catch up later. This is particularly important in the early years when essential foundation skills are being taught.

Going to school every day helps children learn the important life skill of 'showing up' – at school, at work, to sport and other commitments.

Research from the Western Australian Telethon Kids Institute shows that every day at school counts towards a student's learning. Students who attend more, generally do better at school and in life.

The School Education Act 1999 does not allow principals to give permission for families to take holidays during the school term. As students are required to attend school every day, time off for holidays is recorded as an absence.

### What can you do?

We strongly encourage you to organise holidays during school holiday periods to make sure your child doesn't miss out on school.

Please contact office staff if you have been considering taking a holiday during the school term. This will allow us to discuss the learning your child would be missing out on.

For more information you can contact the school to arrange for an interpreter.

### **BOOK CLUB**

### **Scholastic Book Club**

Book club orders are due Tuesday, 21 March (week 8). Orders can be done online through the Loop platform (see the catalogue for details) or cash can be placed in an envelope or zip lock bag with the completed order form and then placed in the letterbox which is outside the science room door.

## Larissa Waghorn

**Book Club Coordinator** 





# COMMON PARENTING PITFALLS TO AVOID



Mistakes are part of the process of parenting. But it's easier to recognize your missteps and get back on track if you know some of the common pitfalls.

Here's a list of 5 harmful habits and the positive approaches you can pivot to instead.





## PITFALLS =





### - INSTEAD =



#### REING LED BY FEAR

"Get down from that tree! You're going to break uour neck!"

## LEAD WITH LOVE

"I know you want to climb higher in that tree, but I want to make sure you're safe. Let's find a different tree with stronger branches."

### BEING AN INCONSISTENT PARENT

"I know we said family dinner was important, but sometimes it's okay to skip."

### STAND FIRM WITH RULES AND ROUTINES

"I know you want to join that soccer team, but the practices are at our dinner time. We decided that being together for dinner is important."

### BECOMING DISTRACTED

"Hold on, I just need to reply to this email from my boss."

### CREATE SPACE TO CONNECT

"This seems very important to you. I was about to reply to an email, so let's meet in the kitchen in ten minutes to talk this out."

### WORRYING WHAT OTHER PEOPLE THINK

"Imagine what the neighbours will think about that mess you left in the yard!"

### FOCUS ON YOUR PERSONAL OR FAMILY GOALS

"I know we want to have time to watch a movie tonight. Let's see if we can clean up the whole yard in fifteen minutes, then we'll be free to relax!"

### IGNORING YOUR OWN NEEDS

"I don't have time to take a break. I'm just way too busy."

### PRIORITIZE YOUR OWN MENTAL HEALTH

"I need fifteen minutes to take a break in the bedroom. I'll be back out soon, then we can figure out what we're making for dinner."

We all make mistakes as we go. Knowledge and awareness help us correct ourselves. We do better when we know better.



@Big Life Journal | BigLifeJournal.com



### **P&C NEWS**

### Under the Sea Disco

We have our big event coming up for the term which we are all very excited about! The 'Under the Sea' themed disco will be held on Friday, 24 March. Notes have gone home and many of you have already purchased your tickets. If you have not purchased your tickets yet, notes and correct cash are due by **9am Wednesday**, **22 March**. Spare notes are available from the office. Tickets will be given to students on the day of the disco. Kindy Unit 2A (Mrs Holyoake's class) can pick up their tickets on the night.





## P&C AGM

We will be holding our P&C AGM at **8:45am Thursday**, **30 March** in the staff room. All current positions will be vacated and nominations will be accepted for the roles. We need a Presient, Vice President, Secretary and Treasurer. If you wish to join the P&C, nomination forms will be available on the day. It is 50c to join for the year and for your vote to be counted. All are welcome.

Nicole Paton P&C President

### **COMMUNITY NEWS**

### SOCCER ACADEMY SPECIALIST PROGRAM

Lynwood Senior High School Soccer Academy is holding trials for Year 6 students only on Thursday 4th May 2023 in Term 2.

We welcome interested Year 6 2023 students to apply.

Parents/Carers can find our application through our website www.lynwood.wa.edu.au under Specialist Programs.

All applications can be emailed to Bree. Faranda@education.wa.edu.au along with the student's most current school report.

### SCHOOL ENVIRONMENT AND LIFE SCIENCES SPECIALIST PROGRAM

Lynwood Senior High School Environment and Life Science (EaLS) Program is holding testing on Saturday 24th June 2023 of Term 2

We welcome interested Year 6 2023 students to apply.

Parents/Carers can find our application through our website www.lynwood.wa.edu.au under Specialist Programs.

All applications can be emailed to Bree. Faranda@education.wa.edu.au along with the student's most current school report.