

Aboriginal Name: Ngurp (Bunganditi, Vic & SA)

Scientific Name: Kunzea Pomifera

Common Name: Muntries, Emu Apples, Muntaberry, Monterey

Leaves: petite, bright green, egg shaped

Flowers: small, white flowers

Fruit: clusters of 1cm purplish / red, fragrant berries that are crunchy and taste like a spicy apple

Size: Height - 0.5m Width - 2-5m

Location: Victoria and SA

Attracts Wildlife: birds, bees, insects, lizards, butterflies

Usage:

- For the Ngarrindjeri people (SA) they were a favourite in their diet. Surplus fruit was made into flat dried cakes and traded with other tribes.
- Early European settlers used the berries in pies, jellies, preserves, chutneys and relishes.
- Fruit can be used fresh, frozen or dried.
- Perfect for eating raw in salads or cooked in jams, pies, muffins, puddings or with meat.
- Produce natural waxes that are good for skin nourishment.

Interesting Facts:

- One of the first species of Australian native plants introduced to England.
- Berries contain up to four times more antioxidants than blueberries.
- Great ground cover plant but can also be grown on a trellis.

References: <https://tuckerbush.com.au/muntries-kunzea-pomifera/>

<https://www.gardeningwithangus.com.au/kunzea-pomifera-muntrie/>

<https://www.agrifutures.com.au/farm-diversity/muntries/>



[https://en.wikipedia.org/wiki/Kunzea\\_pomifera](https://en.wikipedia.org/wiki/Kunzea_pomifera)

<https://dengarden.com/gardening/Australian-Native-Plant-Profile-Muntries-Kunzea-pomifera>